



Ministry of Education
and Sports

THE REPUBLIC OF UGANDA

HOME-STUDY LEARNING

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AUGUST 2020



Save the Children



Term One

TOPIC: GOD CREATED ME

SUB TOPIC: APPRECIATING ONE'S SELF AS UNIQUE PERSON
CREATED IN THE IMAGE OF GOD.

LESSON: IMPORTANCE OF UNIQUE TALENTS FOR EACH INDIVIDUAL CREATED IN THE IMAGE OF GOD

Competencies: You should be able to

- Mention the gifts that he or she has as a unique person
- Importance of gifts or talents to their homes and community
- Pronounce, read, spell, write and use the words related to the lesson
- Thank God for creating him or her by saying and writing a prayer.

Materials you will need:

Time, brain, Exercise books and pens,

KEY WORDS.

- Image of God: The picture through which the creator is seen to us
- Unique talent: Gifts given by God to individual that are not the same to all human beings
- Talents: Are God Given gifts
- Strengths and weakness,
- prayer

Introduction:

Each one of us is created uniquely. Uniqueness is the difference between you and another person. God created each of us with different talents which are also called gifts. Some gifting is seen easily while others are not seen easily.

Can you mention some of the gifts that you see in yourself? Can you name examples of the gifts you have mentioned above? What is the importance of gifts you mentioned to your home and community during COVID 19 lockdown?

Compare your answers with mine.

Examples of talents and gifts:

Being footballer, singing, Leadership, Praying, Preaching, storytelling etc.

Summary notices:

God created you and me with different gifts for different reasons. We can use these gifts, to bless, help others in our community and homes. For example, during the COVID 19, lockdown, we can use songs that bring joy to our friends in the homes.

We also pray for the people in our homes and communities who have been affected by the problems of Covid 19.

Follow up activity;

EXERCISE.

- Mention some of the gifts that you use at home during the Covid 19 lockdown.
- How does your gift make you different from another person?
- Can you write a prayer thanking God for the gifts that you have?

SUB-TOPIC: ADOLESCENT GROWTH AND DEVELOPMENT

LESSON: CHARACTERISTICS OF ADOLESCENTS

Competencies: You should be able to:

- Give the meaning and characteristics of adolescents
- Describe how adolescent behave
- Relate with him or her characteristic as an adolescent.
- Say a prayer thanking God for the adolescents.

Materials needed for study;

Pen, Exercise books, Time and Brain

Key words;

Adolescents: It comes from Latina word "adolescere" which mean "growing up".

Growth and development: growing from structural stage of life to another, E.g., from baby to boy or girl, man or woman.

Characteristics: examples of how something behaves

Introduction.

Each person grows from one stage of life to another. This growth and development stage in young people of (9 to 20 years) is called adolescent. Can you remember any body in your community or home who is an adolescent? How does the person behave?

Compare my examples with yours.

John is thirteen (13) years, he has deep voices, he likes to be with girls, his boy has grown big; he has deep voice and wide shoulder.

Summary notes.

Adolescent are boys and girls between the ages of (9 years to 20) years. The body parts of both boys and girls grow bigger. The girl's body becomes smooth and shapely. The voices of boys grow deeper the voices of girls become mellow soft and attractive the boys grow taller shoulders wider the girls grow hip, breasts and develop. This stage is normal in all human being that God Created.

Activities:

1. Looking at your body, or that of your friends between the ages of (9 to 20), can you list some of the characteristic that you see on the friends or yourself?
2. Write a prayer thanking God for the Adolescents.

SUB-TOPIC; ADOLESCENTS GROWTH AND DEVELOPMENT

LESSON: CHALLENGES FACES BY ADOLESCENTS DURING THE (COVID 19) LOCKDOWN

Materials; Pen, Exercise books, Brain and Time

Key words;

Challenges: They are difficulties that young people between the ages of (9 to 20) go through because of the body changes

COVID 19. It is a disease that causes death and spreads so first. It has lead to closer of all actives in the world.

Introduction

In our homes and communities during (COVID 19) lockdown, there are many young people having problems because they are attractive, growing muscles, deep voices, breasts and hips.

Can you give some of the problems that you face because of your body changes?

Compare your list with mine.

Many young girls are disturbed by big boys and men because of their attractive nature. Men always demand for sex from boys and girls. Some girls cry so easily because they are disturbed by boys. Some boys do not want to work.

Summary notes:

During the stage of adolescents, the girls and boys become unsettled, they like visiting people of opposite sex. Some begin to have sexual affair which can lead to spread of disease like (COVID 19), HIV/AIDS and some become pregnant. While the boys can be arrested by parents of the girls and taken to prison. The lockdown gives girls and boys of this stage a lot of free time to meet one another which can be misused.

Activities.

1. What are the challenges faced by adolescents in your community during the (COVID 19) lockdown?
2. Write and say a prayer for the adolescents during the COVID 19 lockdown.

SUB TOPIC: ADOLESCENT GROWTH AND DEVELOPMENT

LESSON: HOW THE BIBLE TEACHINGS CAN HELP TO SUPPORT THE ADOLESCENT DURING THE COVID 19 LOCKDOWN?

Materials. Pen, Exercise books, Brain, Time.

Key Words

Challenges: they are difficulties that young people between the ages of (9 to 20) go through because of the body changes

(COVID 19). It is a disease that causes death and spreads so first in humans. It has led to closer of all actives in the world.

Introduction

Can you remember any bible teaching on how to help the adolescent in the problems that they face in our homes and community?

Compare your answers with mine.

Genesis 1:28, Ps 119:9, Haggai 1:7, Proverbs 4:23, Cor 6:13, 1Corth 7:11,2 Timothy 2:21

Summary Notes

The bible gives advice to young people of adolescent stage to remain pure for it pleases God.

Our bodies are the temple of God. Sexual sin kills the friendship with God. Young people should therefore respect themselves by avoiding bad company and respecting good advices of their parents

Activities

1. Can you say a prayer asking God to help you keep pure from sin?
2. Write ten activities that adolescents can engage in to avoid the problem that they face.

SUB TOPIC: EVIL AND SUFFERING

LESSON: FORMS, CAUSES AND EFFECTS OF SUFFERING IN THE WORLD**Competencies; You should be able to;**

- Mention the forms of suffering
- Explain the causes of suffering,
- Mention the effects of suffering in the world
- Say prayer for those that are suffering

Materials

Pen, Exercise books, Brail, Time and Brain

Introduction

There are many form of suffering in the world. Have you ever faced or seen someone who is suffering? Make a list of the form of suffering that you have ever seen. What causes suffering in your homes community? What effects does suffering have on the people in your community and homes? Can you compare your list with mine?

Forms of suffering

Physical suffering. Can be in form of body pain, over thinking crying a lot sickness embracement in public shame, death of loved one.

Causes of suffering, Can be through beating by parent, brother or sister, diseases like (Covid 19), not going to school, early pregnancies that lead to drop out of schools, fighting at home between parents

Effects of suffering. Pain, Lose of income because of closer of business; lose of direction because of not going to school, running away from home because of parent beating. Loss of peace because of public shame.

Summary notes.

At homes, communities and in our selves we face many forms of suffering every day. These suffering are caused to us by our friends, because of disease like (COVID 19), the lockdown of our schools, business and bodabodas. Fighting in our home between ourselves and our parents. Because of suffering, fights and diseases, we lose our peace and our time we get ashamed in public. Sometimes we end up running away from home or killing one another.

Activities

1. Write ten effects caused by COVID 19 as form of suffering in our homes
2. What causes suffering in our homes?
3. Write three prayers asking God to help people affected by COVID 19.

Term Two**TOPIC: CHRIST IS THE ANSWER**

SUB TOP: CHRIST'S CONCERN FOR DIFFERENT PEOPLE

LESSON: CHRIST'S CONCERN FOR THE NEEDY**Competencies: you should be able to:**

- Describe how Christ showed concerns for the needy
- Mention how you are learning to show concern for the needy
- Say prayer for the needy
- Write three prayers for the needy during (Covid 19) lock down in your home and community

KEY WORDS

Prayer: it is communication with God

Concern: Is loving and caring for others

Needy: Are people who need and want your help.

Exorcism: The action of chasing away demonizes

Lepers: are people in the bible who had long incurable sickness. They were not allowed to mix freely with others. The can be related to COVID 19 patients.

Introduction.

Have you ever seen someone who needs help in your home and community?

How did Jesus show concern for the needy in the bible? Compare your list with mine. Needy people lack what to eat, they lack dressings, and they are always in need. Jesus provided food, healed sick people and he prayed for the needy.

Summary notes

Jesus Christ showed love and concern for people in need. He visited the sick that needed healing. In Mark (1: 29, 45), he visited Simon's mother in law who was sick and needed healing. He chased away demons from people. This action is called exorcism healed the sick that needed healing from demons He cleansed lepers. A leper is person with long illness. It is also called no curable disease. Jesus feed the hunger, mourned with those who lost their loved ones, he preached the good news of forgiveness, and he welcomed those who needed him.

Activities

1. Write (10) ten activities you are doing in your homes and communities to show concerns for the needy during the COVID 19 lockdown.
2. Write and say five a prayer for the need as result of COVID 19 Lockdown

SUB TOPIC: JESUS' CONCERN FOR THE NEEDY

LESSON: IMPORTANCE OF PRAYER FOR THE NEEDY DURING THE COVID 19 LOCKDOWN

Competencies. You should be able to explain the importance of prayer to your home and community during the (COVID 19) Lockdown

Write and say a prayer for those struggling with effects of (COVID 19) Lockdown

Materials required:

Pen, Brail, Exercise book, Time and will to listen and learn.

KEY WORD

Prayer: Communication with God

Struggling: meaning suffering because of COVID 19

Introduction.

Have you ever prayed for someone at home or community during the COVID 19 Lockdown? What was or is the importance of your prayers? Compare your answers with the following of mine. Prayer helps to bring our hope in God to our people in the homes and friends. Prayer heals people. Prayers bring friends with God.

Summary notes

In our everyday lives during COVID 19, we have had many challenges. These challenges make us sick for example, the Challenge of COVID 19. Jesus, in Matthew 26:40-41, Jesus says that we should pray as he prayed for his disciple. Jesus also said that through prayer, our needs are made known to God; prayer also brings God's revelations to our community. We should therefore pray so that we avoid getting the sickness of (COVID 19).

Activities:

1. Mention ten Importances of prayers in your home and community.
2. Write and say three prayers for people suffering with (COVID 19).

SUB TOPIC: JESUS' CONCERN FOR THE NEEDY

LESSON: THE MEANING AND IMPORTANCE OF FORGIVENESS

Competencies: You be able to mention the meaning of forgiveness, explain importance of forgiveness, and learn how to forgive those you have done wrong.

Key Words:

Forgiveness: means letting free someone who has wronged you

Introduction.

Each one of us has in one way or another wronged or been wrong. Can you mention what happened to you that you had to seek for forgiveness or forgive some one?

Why did you forgive or why did you seek to be forgiven.

Compare your answers with mine,

Jesus teaches me to forgive others and when I forgive receive peace of mind in my heart.

Summary notes.

Jesus teaches us that we should forgive those who have wronged us in Luke (22: 54, 64), Jesus gives us an example of Peter. Peter showed that he was sorry for his deed and was ready to change. Because of this, the friendship of peter and Jesus was restored, it created peace with in peter and it also prevented further sinning

Activities:

1. What is the importance of forgiveness to you in your home during COVID 19 periods?
2. Write prayer asking God to forgive you and for give those who have sinned against you.

SUB TOPIC: HOW TO BEHAVE ON THE WAY

LESSON: CHRISTIAN QUALITIES NEEDED TO BRING ABOUT A GOOD COMMUNITY LIFE DURING (COVID19) LOCKDOWN

Materials:

Bail, Bible, Exercise books, Time and Presence

Term Three

Competencies: You should be able to:

- Write and say a Mention the qualities of Christian in Community during COVID 19 Period
- Desire to be good Christian
- Pray for Christians.

KEY WORDS;

Christians: Are followers of Jesus Christ

Communities: Are where we live and people it can be home or our school or church.

Introduction

Can you mention what makes someone a good member of community? Compare your answers with mine. Good community member loves other people; he or she lives selfless services to the community, teaches justices to the community, and teaches sacrifice to the community.

Summary notes.

Jesus taught people how to be good in their homes and communities. He said people should love one another. Jesus loved his disciples. John (13:34,35). Jesus lived a selfless service without discrimination John (4:7; 8), Jesus called justice for all, for that reason, we are to live a justice life. Jesus taught generosity to the needy, we therefore have to give to those in need during the COVID 19.

Activity

1. Mention ten qualities of good community member in your home and community during the COVID 19 lockdown.
2. Write and say prayers for your community and home to have good people.

TOPIC: FRIENDS ON THE WAY

SUBTOPIC: FRIENDSHIP

LESSON: IMPORTANCE OF FRIENDSHIP

Competencies: You are able to:

- Mention importance of meaning of friendship.
- Identify importance of friendship.
- Make friendships with other members of the family.
- Say a pray for a friend.

Material:

Brail, Exercise books, Pens, Time, Bible, Brain.

Key words:

Friendships; People you love and wish to receive support or give support to.

Introduction

How many people have you made friends with in your community and home? What is the importance of the friendships with these people that you have mentioned?

You can make comparison of your list with mine,

A Friend is for good reasons, people who will love and care for, give you advice and protect you from danger. If you are someone's friend you have to support them.

Summary notes:

Friendships are relationships between people who love, like and care for each other. Jesus taught that friends can also mean the love of God. John (15; 12), teaches that Jesus explained about the greatest commandments which is love He commands that everyone should love each other. Friends give good advices, to one another; they should be honest, respectful, peaceful loving and kind. During the (COVID 19), lockdown we need to make friend who can support us in our struggles. We also respect the friendship of others.

Activities.

1. Mention ten importance of friendship at your home and community during the COVID 19 lockdown
2. What makes someone a good friend?
3. Write and say two prayers for your friend in your homes

SUB TOPIC: THE ROLE OF SCIENCE AND TECHNOLOGY IN EDUCATION

LESSON: ROLE AND MEANING OF SCIENCE AND TECHNOLOGY IN EDUCATION

Materials: Brail, Pens, Exercise book and Bible

Competencies: you should be able to:

- Mention the meaning of science and technology,
- Explain the role of science and technology in education.
- Write and say prayer thanking God for using science and technology.

Key Word

Science: The study of physical or world of material things and the natural environment.

Technology: The making or use of tools and machines to do work. Examples radios and Computers, Telephones.

Education: The process of getting knowledge, skills, Values for use in life. Education starts from the time of conception and ends at the time of death. It is a lifelong experience.

Introduction:

Make a list of things that can be related as an example of science and technology that can be used to support education? Make comparison of such things with my list. Radio can be used during COVID 19 in teaching Children; Television is used to teach communities, Telephone is also used to teach children at home and at school.

Summary notes:

Science and technology is a very important thing in education. The material world and natural things need tools or materials to work. These examples like radio, television are used during COVID 19 to advance education. We study through radios and televisions. This enables us to learn even when schools are closed and we are at home. Science and technology improves transport in air water and roads it has improved communication in our communities. Some of the key importance of science and technology is the discovery of sources of power to run industries. Solar light which is used to give light to children to do their revision.

Activities.

1. In your own words, list ten uses of science and technology to your study at home
2. Write and say two prayers thanking God for science and technology.

SUB TOPIC: CHRISTIANS AND THE LAW

LESSON: IMPORTANCE OF THE LAW IN COMMUNITY DURING COVID 19 LOCKDOWN

Competencies: You should be able to:

- Mention the laws that are known to him or her.
- Write the importance of the Law to the community.
- Pray for keeping the law to our homes.

Materials:

Brail, Books, pens, presence and time.

Key Words:

Law; is what guides people in our community and homes. It is the rule of conduct and behaviors.

Introduction.

Can you mention some of the laws that guide your conduct at home? Why are these rules important at home and society?

Compare your list with mine. Law, helps people to behave in an acceptable way, help to reduce conflicts, to guide on how we should treat other people and ensure adequate sharing of the World's resources.

Summary notes,

The laws are rulings that guide appropriate conduct in society. In the Old Testament, God gave the law to the Children of Israel to guide them. The Book of Deuteronomy is good example of the law. Deuteronomy Chapter 5; 16, 20, talks about the law. This can also be summaries in the Ten Commandment that we shared in Chapter one. These laws are still used even in COVID 19 Lockdown. Our country Uganda, has the law which we call our constitution. As you could remember in our social studies, we noted that the constitution of Uganda helps to guide the country on how we are to be governed. In our schools, there rules and regulations that guide our conduct at school for example: no child is to beat another. At home, there are also rules that help to guide a home. We have to obey these rules so that we do not get into problems. For example, at home we are required to obey our parents and respect one another. This helps us to live a happy and harmonious life.

Activities'

1. Write ten Rules that are important in your home.
2. What is the importance of a rule to you as pupil of primary six?
3. Write two prayers for your home to indicate the importance of rules in the home.

SUB TOPIC: HAPPINESS ON THE WAY TO ARRIVAL

LESSON: HAPPINESS

Competencies: You should be able to;

- Mention the meaning of happiness.
- Signs of happiness.
- Write two prayers seeking God to help one live a happy life.

Key Words.

Happiness: This goodness to enjoy friend peace and life, life free from trouble and pain.

Introduction

Have you ever seen a happen person? Have you ever been happy? What makes you happy?

You can compare your list with mine

Happiness is seen in having creative ideas, commits few or no crimes, enjoys good health and has stable friends etc.

Summary note.

The Bible teaches that happiness is found in giving and receiving. This means sharing. John 13:14, is where Jesus washed the disciples' feet. Jesus enjoyed giving and sharing material things, knowledge and experiences with his disciples and every one he meant. Happiness improves interpersonal friendships worth people, strengthens unity in our community and homes sustains life. To live a happy life is to create good friendships bring peace make secure with others in community. (Psalm 1:1 and 3), teaches that happy are those who do not follow Satan, happy are those who do not listen to sinners and happy are those who do not befriend scoffers. We should seek peace and happiness.

Activities.

1. Write ten reasons why anyone should choose happiness over unhappiness.
2. What does the Bible teach about happiness?
3. Write two prayer seeking God to bring happiness in your life.